



## **A MINUTE OF HEALTH WITH CDC**

### ***Act F.A.S.T***

*National Stroke Awareness Month - May 2017*

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*[Announcer] This program is presented by the Centers for Disease Control and Prevention.*

Early intervention is key to preventing or treating many health problems. That's especially true with a stroke. Strokes are the fifth leading cause of death in the U.S. and among the top causes of severe disability. Identifying the signs of a stroke and getting immediate medical care can decrease the chances of severe disability and might be the difference between life and death. Common symptoms of a stroke include sudden face drooping, arm or leg weakness, trouble walking, and confusion or speech difficulty. If you or someone you know is experiencing any of these, call 911 immediately. Reacting quickly can not only preserve quality of life but possibly even *save* a life.

Thank you for joining us on a Minute of Health with CDC.

*[Announcer] For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO.*